



# Children's Mental Health Services



**Presented to:** Senate Study Committee on Youth Mental Health and  
Substance Use Disorders

**Presented by:** Marcey Alter, Assistant Chief  
Medicaid



# Mission

## The Georgia Department of Community Health

We will provide access to affordable, quality health care to Georgians through effective planning, purchasing and oversight.

*We are dedicated to a healthy Georgia.*

# State Plan Services

- Children's behavioral health services are made available by the Medicaid State Plan through multiple programs:
  - Psychology Program
  - Physician/Psychiatric Services
  - Psychiatric Residential Treatment Facilities
  - Children's Intervention Services and Children's Intervention School Services
  - **Community Behavioral Health Rehabilitation Services**
    - **Primary** vehicle for behavioral health services to children and adults

# Community Behavioral Health Services

## Core Services

- Behavioral Health Assessment / Service Plan Development
- Psychological Testing
- Diagnostic Assessment
- Crisis Intervention
- Psychiatric Treatment
- Nursing Assessment & Health Services
- Medication Administration
- Community Support Individual
- Individual Outpatient Services
- Group Outpatient Services
- Family Outpatient Services



# Community Behavioral Health Services

## Specialty Services

### ***Medicaid Covered***

- SAIOP (Substance Abuse Intensive Outpatient)
- IFI (Intensive Family Intervention)

### ***State Funded by DBHDD***

- Addictive Disease Clubhouse
- CTP (Community Transition Planning)
- Structured Residential



# Children's Mental Health Data

## Total Enrollment of All Children as of October 2015 (age <21)

FFS: 133,359

CMO: 1,171,791

FY15 FFS Programs	Member Count	Expenditure
Behavioral Health	68,875 	\$42,422,884
CBAY	88	\$223,970
Psychology	10,588	\$4,077,434

# Children's Substance Use Services Data

<b>FY2015 Community Behavioral Health Services</b>		
Claims with Primary Substance Use Diagnosis		
<b>Age</b>	<b>Count</b>	<b>Net Payment</b>
Age 6 to 11	5	2,632.37
Age 12 to 17	471	105,715.72
Age 18 to 21	131	78,934.97
<b>Total</b>	<b>607</b>	<b>\$187,283.06</b>



# ADHD Initiatives

- 2011 DCH Prior Authorization for Atypical Antipsychotics
- Collaboration with IDT- Interagency Directors Team
  - Develop strategies around prevention and early intervention
  - Promote therapy as first line of treatment before medicating



# Antipsychotic Utilization

**DCH Initiative:** In October 2011, DCH officially implemented an atypical antipsychotic pediatric policy to follow FDA guidelines for approved ages and indications in the prior authorization criteria and system.

## Atypical Antipsychotic Pediatric (<18 years old) Prior Authorization Initiative

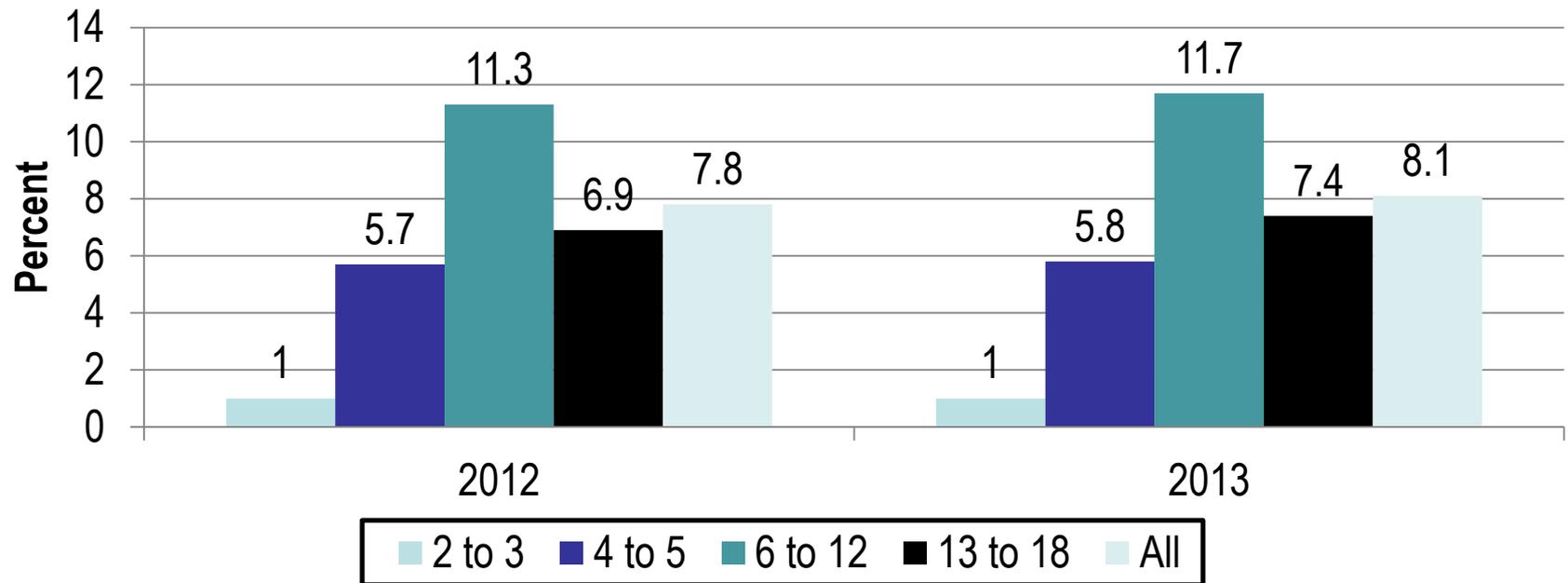
Implemented October 1, 2011 <sup>^</sup>	Number of Claims	Number of Members	Amount Paid
Pre period (Aug 2010 - Jul 2011)	80,688	10,536	\$14,083,256
Post period (Aug 2011 - Jul 2012)	70,652	9,711	\$11,810,270
Percent change from pre period*	-12%	-8%	-16%
Post period (Aug 2012 - Jul 2013)	67,154	9,030	\$7,277,712
Percent change from pre period*	-17%	-14%	-48%
Post period (Aug 2013 - Jul 2014)**	63,443	8,766	\$8,052,386
Percent change from pre period*	-28%	-17%	-43%

<sup>^</sup>The initiative was officially implemented October 1, 2011; however, physicians were notified and were allowed to request PAs beginning in August 2011.

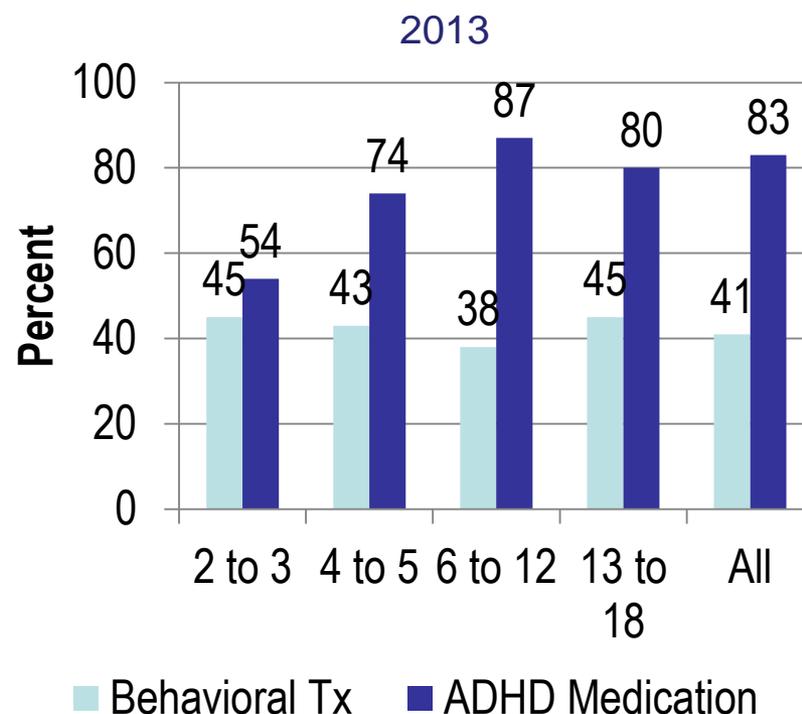
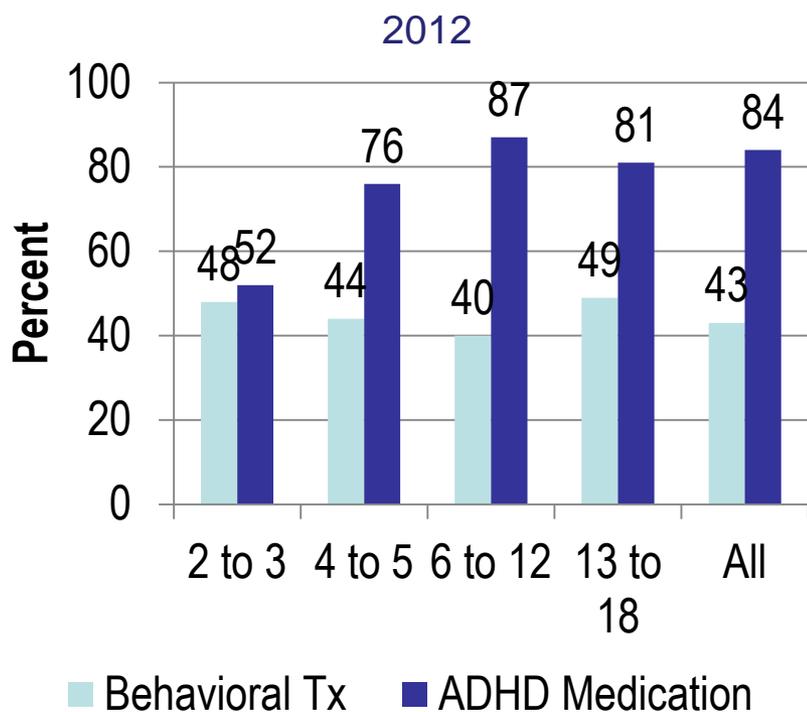
\*Decline in number of claims, number of members and amount paid may be attributed to implementation of Food and Drug Administration (FDA) approved ages and indications; however, decreases in utilizing members and costs could have also contributed.

\*\*March 3, 2014 -- population shift from Fee-for-Service to Managed Care

# Percentage of GA Children in Medicaid with 1+ ADHD Diagnosis Codes: 2012 and 2013

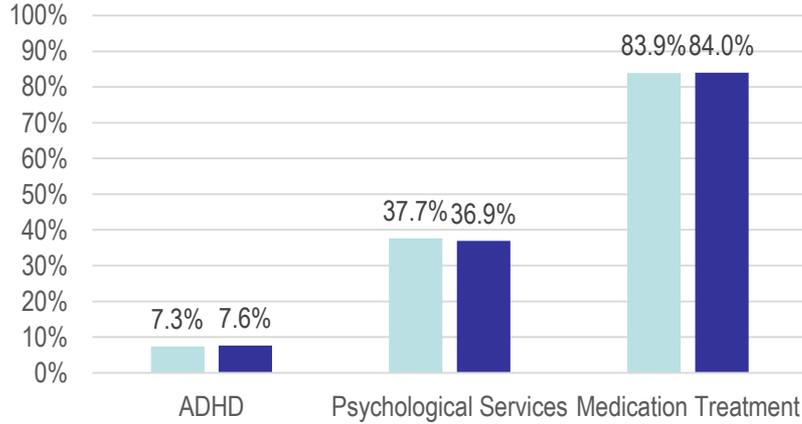


# Treatment of GA Children in Medicaid with 1+ ADHD Diagnosis Codes and 1+ Treatment Claim

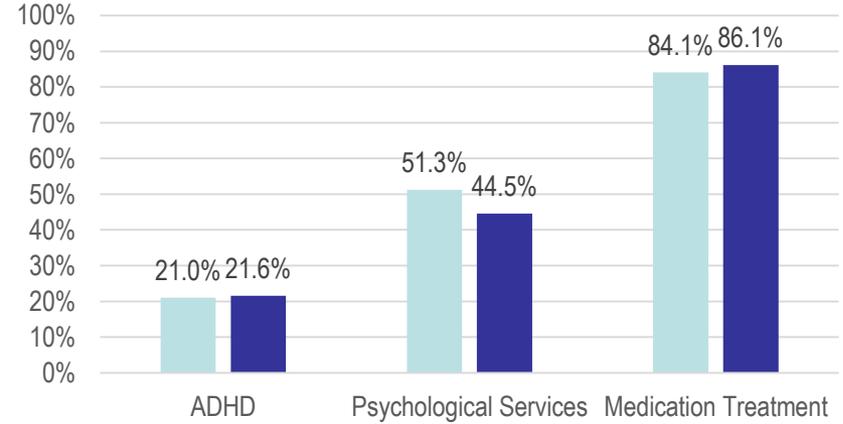


# ADHD Rates by Medicaid Eligibility Group

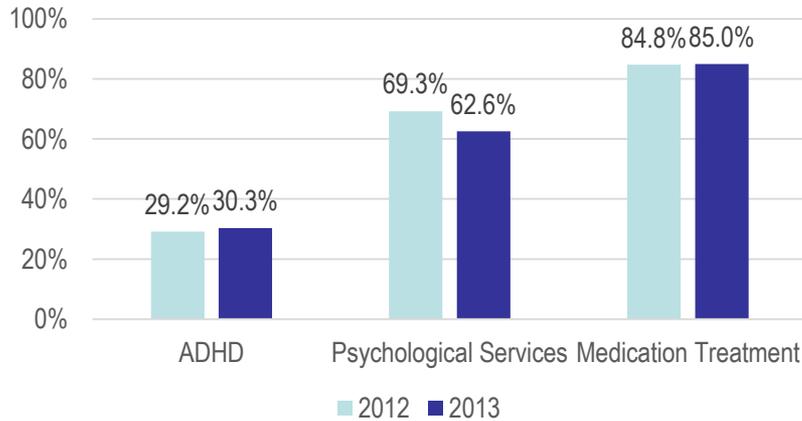
## CMO



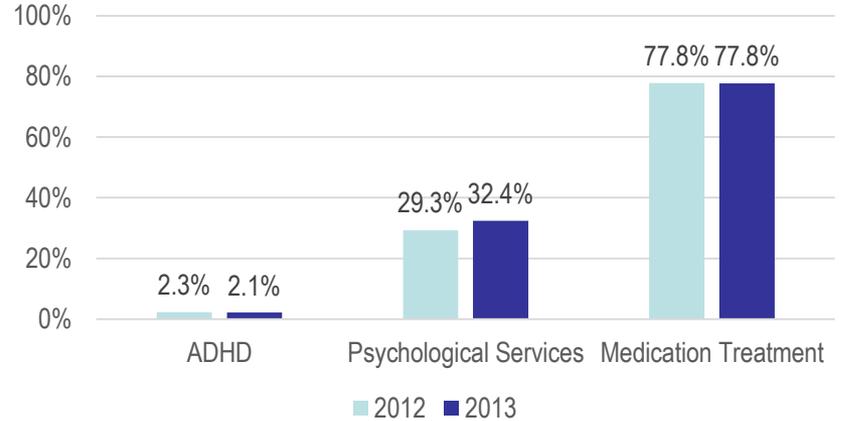
## SSI/W



## FC/AA



## Other



# Children's Intervention Services (CIS)

- CIS and CISS (Children's Intervention School Services)
- Covered Services:
  - Speech Therapy
  - Occupational Therapy
  - Physical Therapy
  - Auditory Services
  - Nutrition Services
  - Counseling Services
  - Nursing Services

# Children's Intervention Services Data

Children's Intervention Services	
Service Type	Net Payment
Audiology	133,479.85
Counseling	25,297.11
Nutrition	4,394.56
OT	792,894.46
OT / ST	1,837,358.11
PT	6,348,438.60
PT / OT	6,595,361.01
ST	18,886,328.10
ST & Audiology	40,235.41
<b>Grand Total</b>	<b>\$34,663,787.21</b>

Children's Intervention School Services	
Service Type	Net Payment
Audiology	650.33
Nursing	366,904.57
OT	29,358.60
PT	179,169.87
PT / OT	1,245,888.50
ST	10,511,978.68
ST / Audiology	215.65
ST / OT	43,654.13
<b>Grand Total</b>	<b>\$12,377,820.33</b>



# Community Based Alternatives for Youth (CBAY)

- CBAY, originally a 5 year demonstration project funded by CMS to improve community-based services for children who have been diagnosed with a serious emotional and behavioral disturbance (SED).
- Provides **Intensive Customized Care Coordination** through Care Management Entities (CME)
- Services include behavioral assistance, clinical consultative services, respite, supported employment, community transition, customized goods and services, expressive clinical services, **family and youth peer support**, financial support, and transportation



# Community Based Alternatives for Youth (CBAY)

CBAY continues post demonstration through two DCH programs since October 2012

- Money Follows the Person (MFP)
- Balancing Incentive Payment Program (BIPP)

- CBAY Utilization

- 813 youth served
- Over \$30 million (federal grant funds\*)

\*Under MFP/BIPP, DBHDD pays state share)

# Physician Services

- American Academy of Pediatrics' Bright Futures Periodicity Schedule for developmental milestones
- Reimbursement for:
  - Developmental screening and surveillance (0-20)
  - Psychosocial/behavioral assessment (0-20)
  - Alcohol and drug use assessment (ages 11-20)
  - Depression (ages 11-20)

# Physician Services – Well Child Visit Measures

- Well-Child Visits -- First 15 Months
  - 53.13% Administrative, 54.88% Hybrid
- Developmental Screening -- First Three Years
  - 39.82% Administrative, 45.01% Hybrid
- Well-Child Visits --Third, Fourth, Fifth, and Sixth Years
  - 61.72% Administrative, 62.53% Hybrid
- Adolescent Well-Care Visits
  - 40.40% Administrative, 43.07% Hybrid



# Pharmacy Services Data

## FY15 Drug Utilization - Top 20

Ages	Type	Rx Count	Cost
0-3	No BH Drug Utilization Observed	--	--
4-12	<b><u>BH – 7 of 20</u></b> ADHD (4) Atypical Anti-Psychotic (3)	134,057	\$13,216,022
13-18	<b><u>BH – 10 of 20</u></b> ADHD (3)                      Sleep/Calm (1) Anti-Depress (3)            Anti-psychotic (2) Bipolar (1)	101,571	\$8,489,974
19-21	<b><u>BH – 7 of 20</u></b> Anti-Depress (2)            Off Label (2) Anti Psychotic (2)        ADHD (1) Bipolar (1)	23,965	\$855,183



# Children's Mental Health – DCH Programs

