

MFP 2015 SEMIANNUAL ANALYTIC RESULTS

Presented to: MFP Evaluation Advisory Team
March 18, 2015



IMPROVING HEALTH STATUS
AT THE COMMUNITY LEVEL

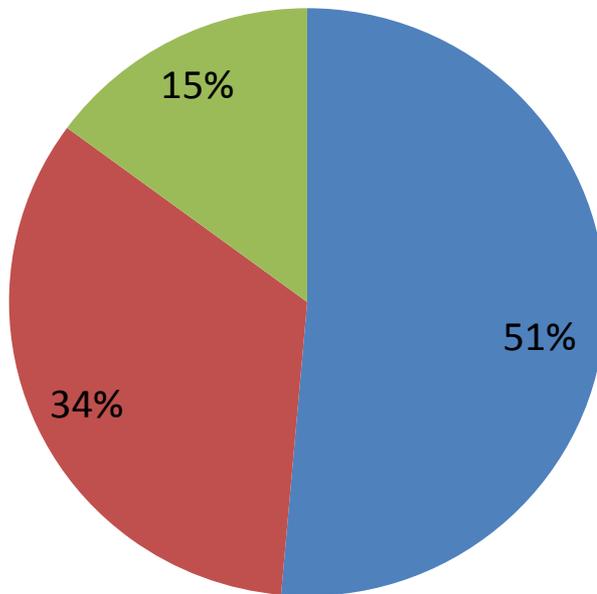


INTRODUCTION

- The second semiannual report of analyses for Fiscal Year (FY) 2015 includes analyses of:
 - Quality of Life Survey Results
 - Baseline, year-one follow-up, and year-two follow-up interviews with MFP participants
 - Supplemental questions
 - Qualitative comments

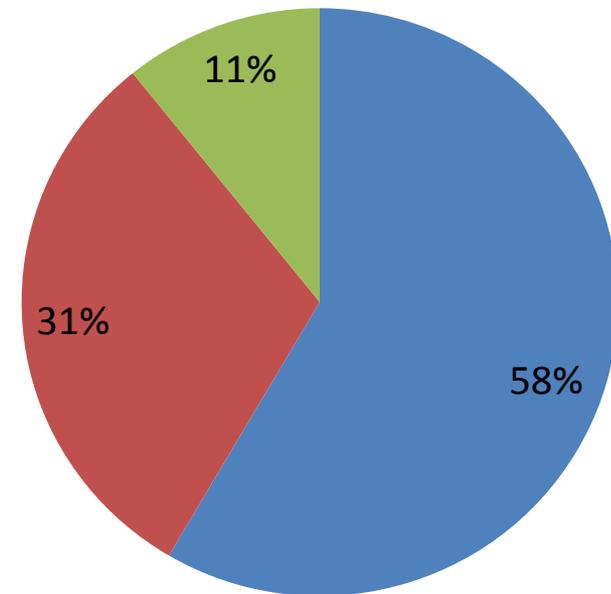
TARGET POPULATION BREAKDOWN

Year 1 (n = 543)



■ DD (279) ■ PD/TBI (183) ■ OA (81)

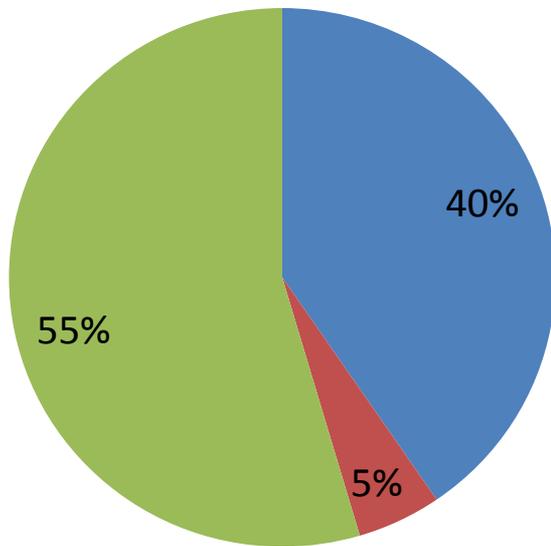
Year 2 (n = 400)



■ DD (234) ■ PD/TBI (123) ■ OA (43)

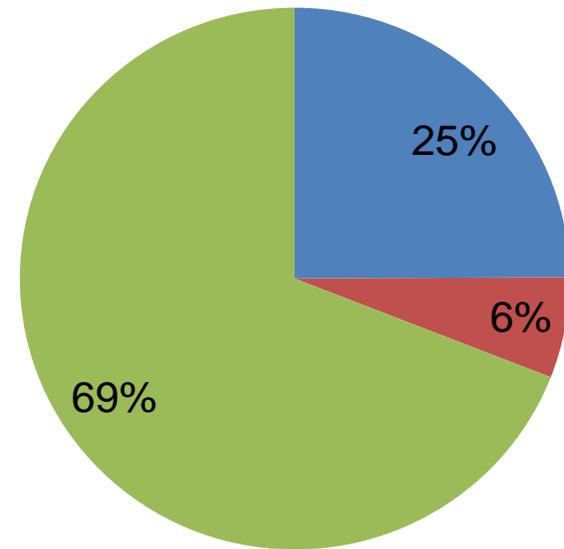
RESPONDENT TYPE

Year 1 (n = 522)



- Sample Member Alone (212)
- Sample Member with Assistance (24)
- Proxy (286)

Year 2 (n = 381)



- Sample Member Alone (95)
- Sample Member with Assistance (23)
- Proxy (262)

DESCRIPTIVE STATISTICS

Year 1

- Majority male (55.6%)
- Average age of 54.2 years
- Average length of stay in a facility at baseline 9.4 years

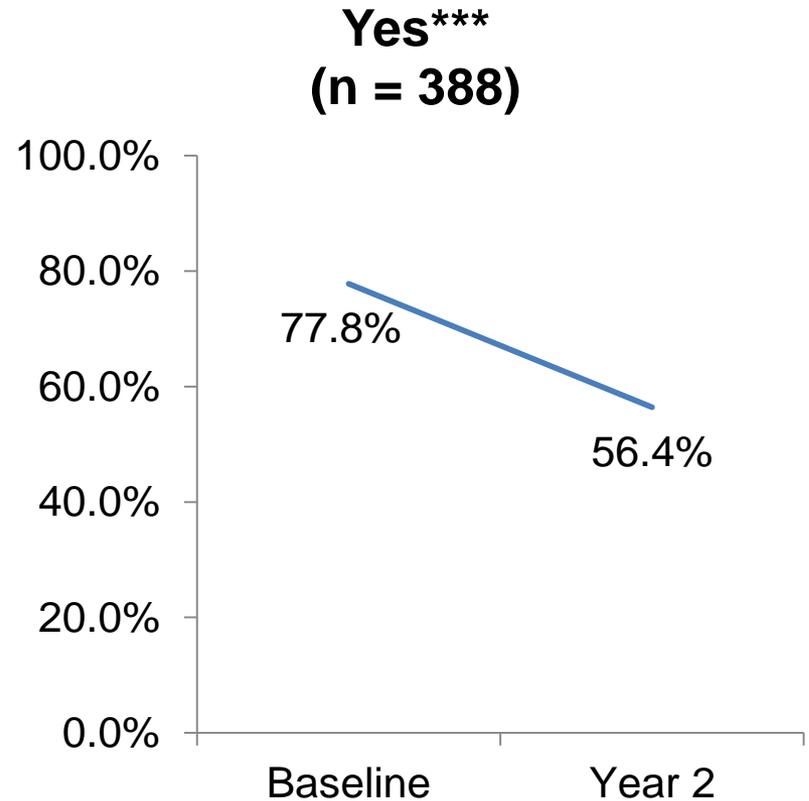
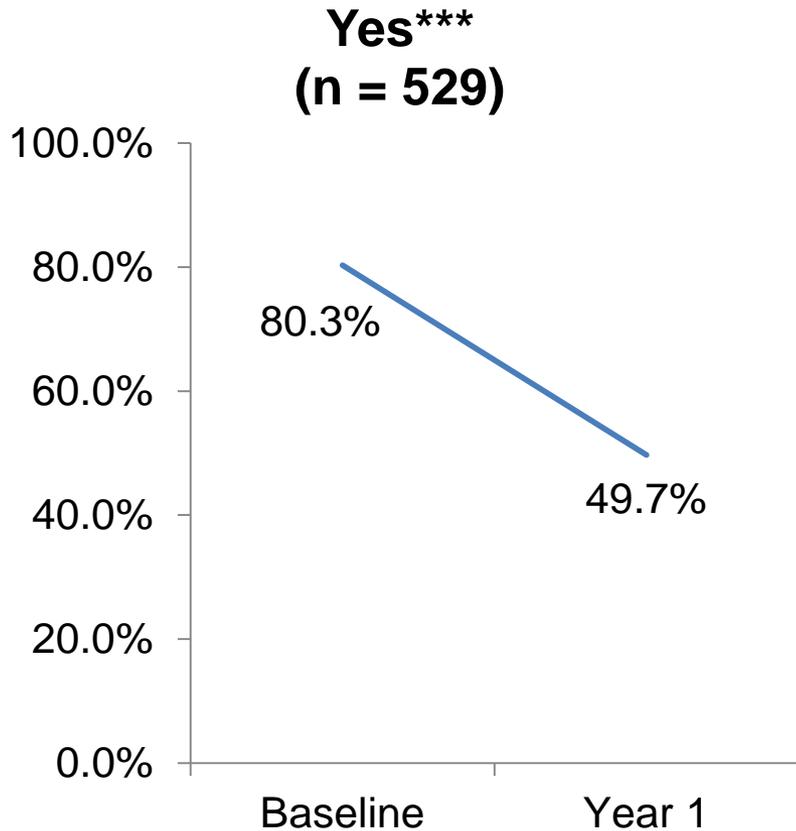
Year 2

- Majority male (53.5%)
- Average age of 53.3 years
- Average length of stay in a facility at baseline 11.1 years

MODULE 1: LIVING SITUATION

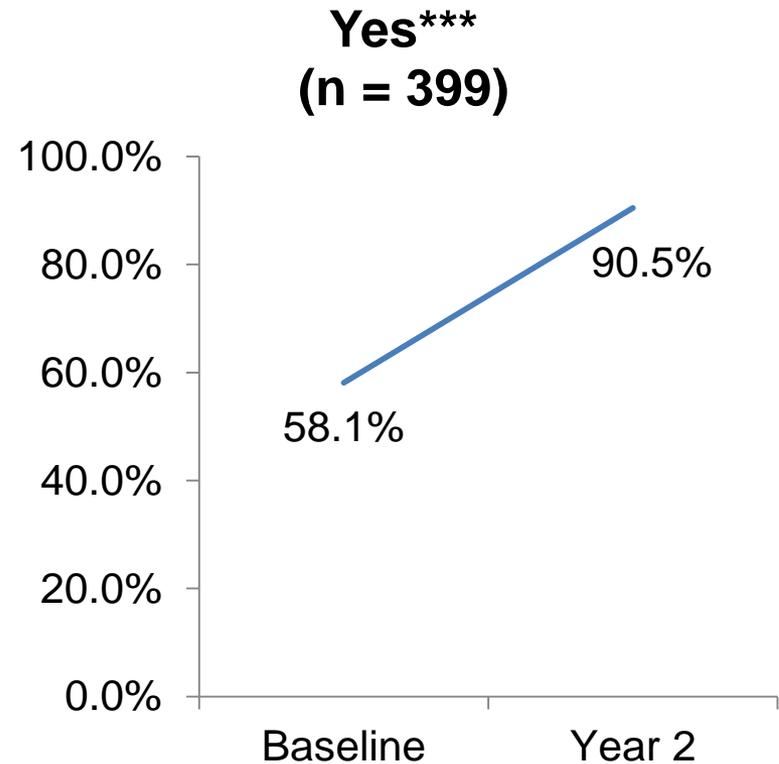
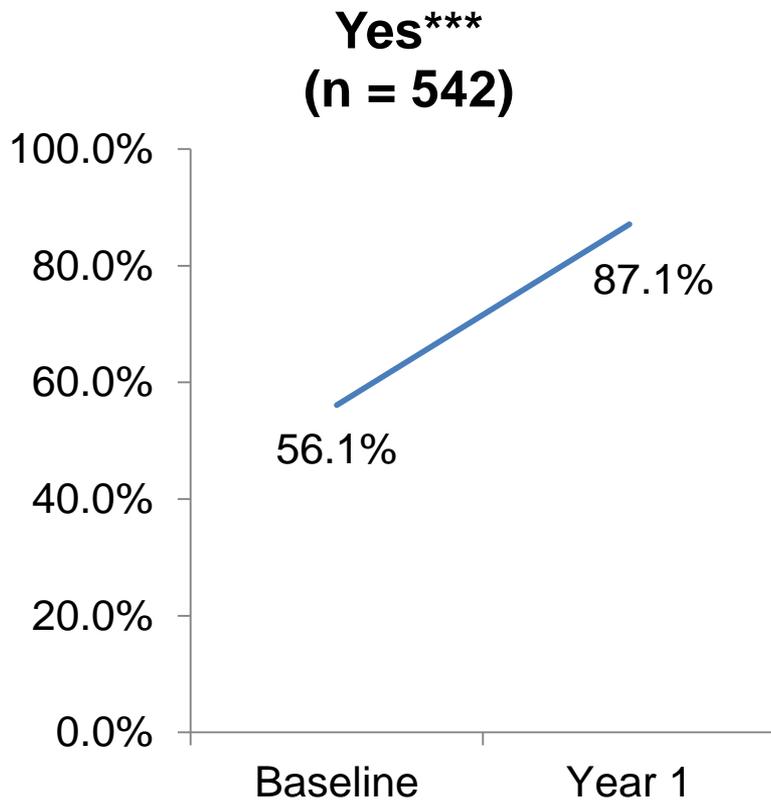


2. DOES SAMPLE MEMBER LIVE IN A GROUP HOME OR NURSING FACILITY?*



*Includes group or personal care homes of 4 people or fewer

3. DO YOU LIKE WHERE YOU LIVE?

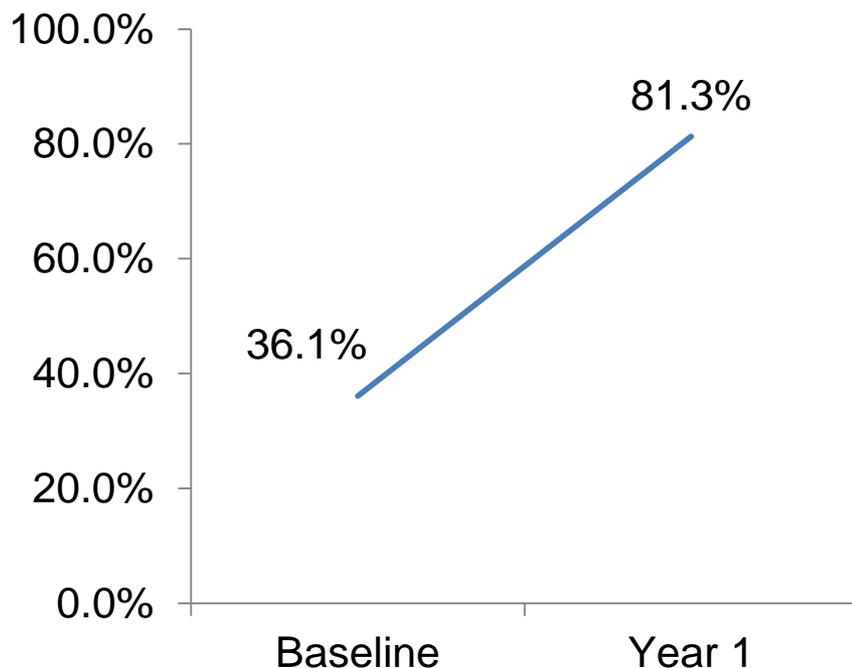


MODULE 2: CHOICE AND CONTROL

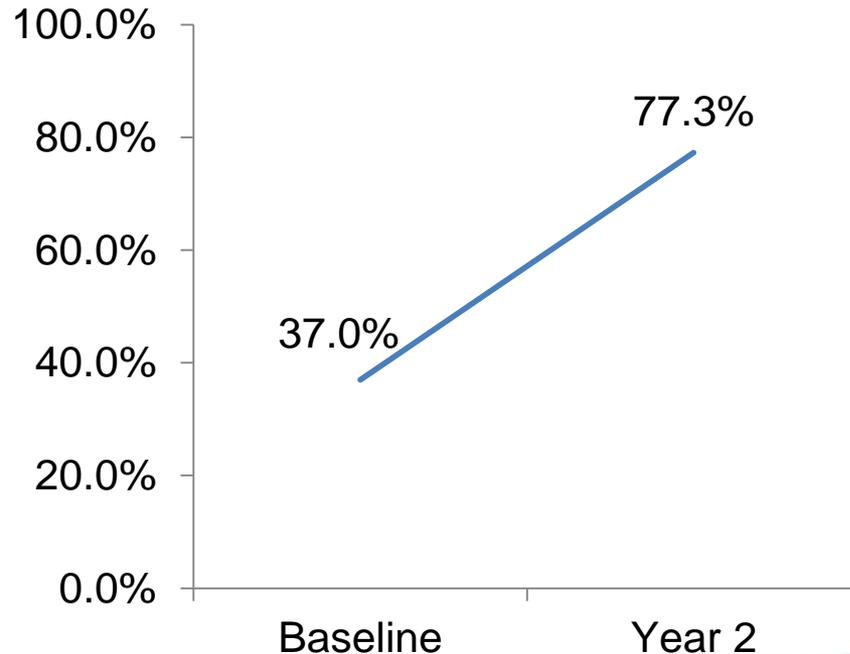


9. WHEN YOU ARE AT HOME, CAN YOU EAT WHEN YOU WANT TO?

Yes*
(n = 540)**



Yes*
(n = 400)**

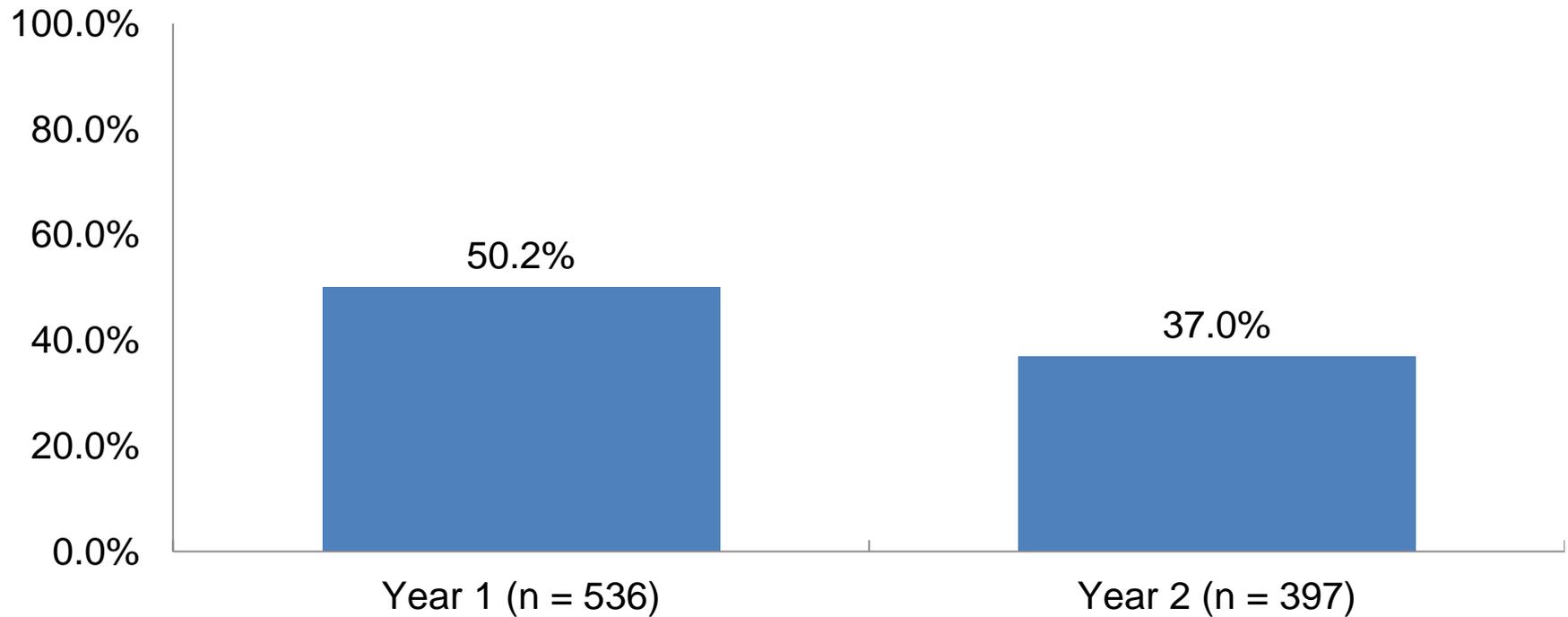


MODULE 3: ACCESS TO PERSONAL CARE



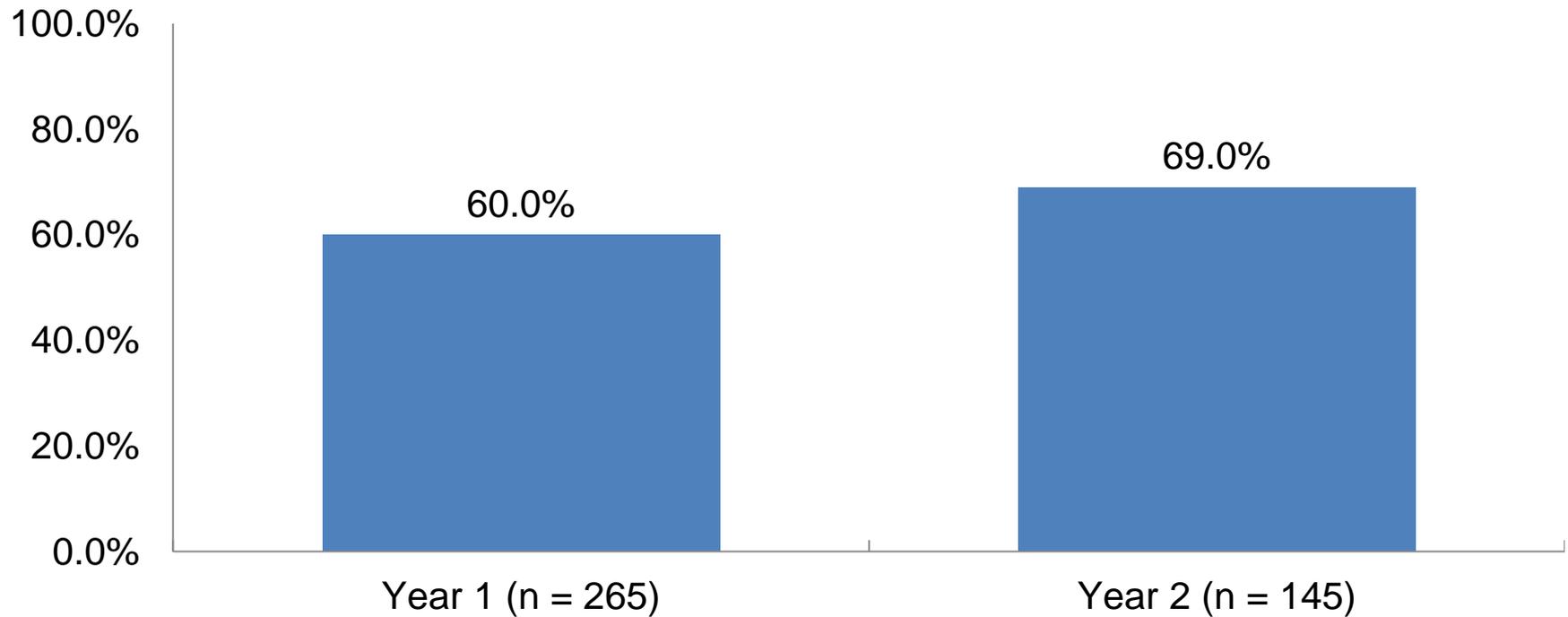
19. HAVE YOU EVER TALKED WITH A CASE MANAGER OR SUPPORT COORDINATOR ABOUT ANY SPECIAL EQUIPMENT OR CHANGES TO YOUR HOME THAT MIGHT MAKE YOUR LIFE EASIER?

Yes



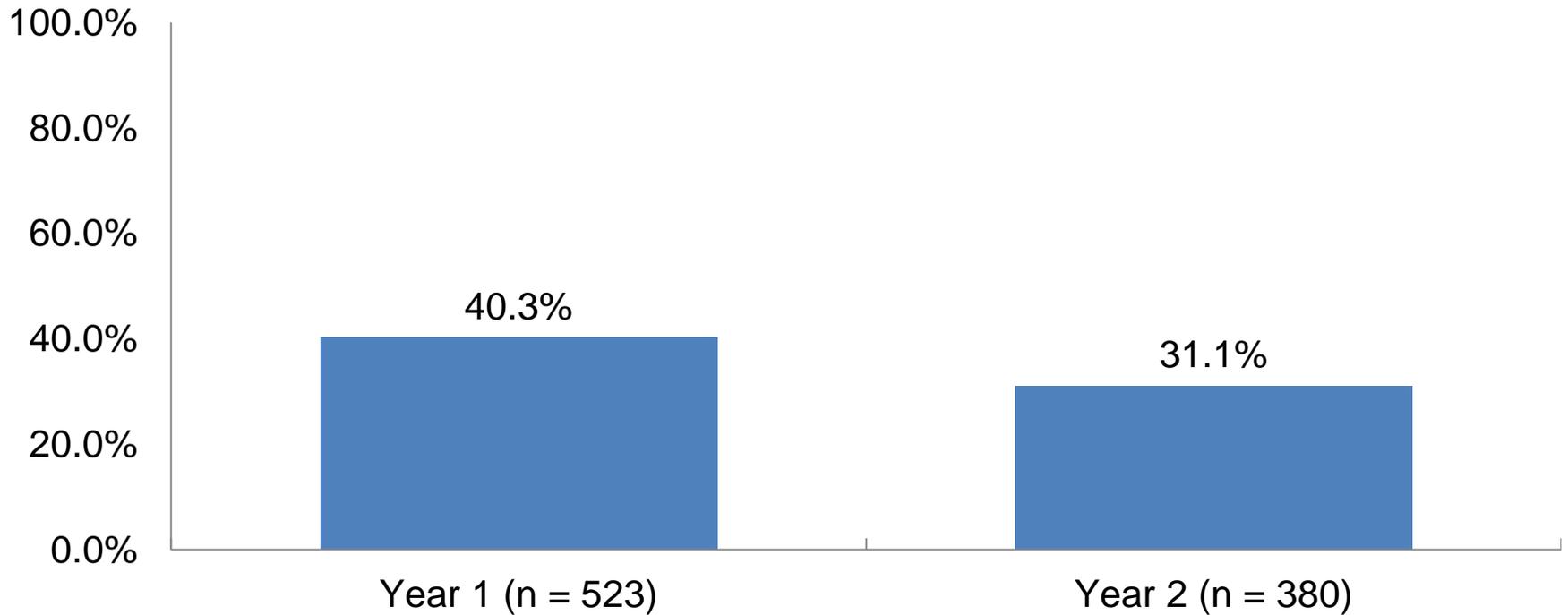
19B. DID YOU GET THE EQUIPMENT OR MAKE THE CHANGES YOU NEEDED?

Yes



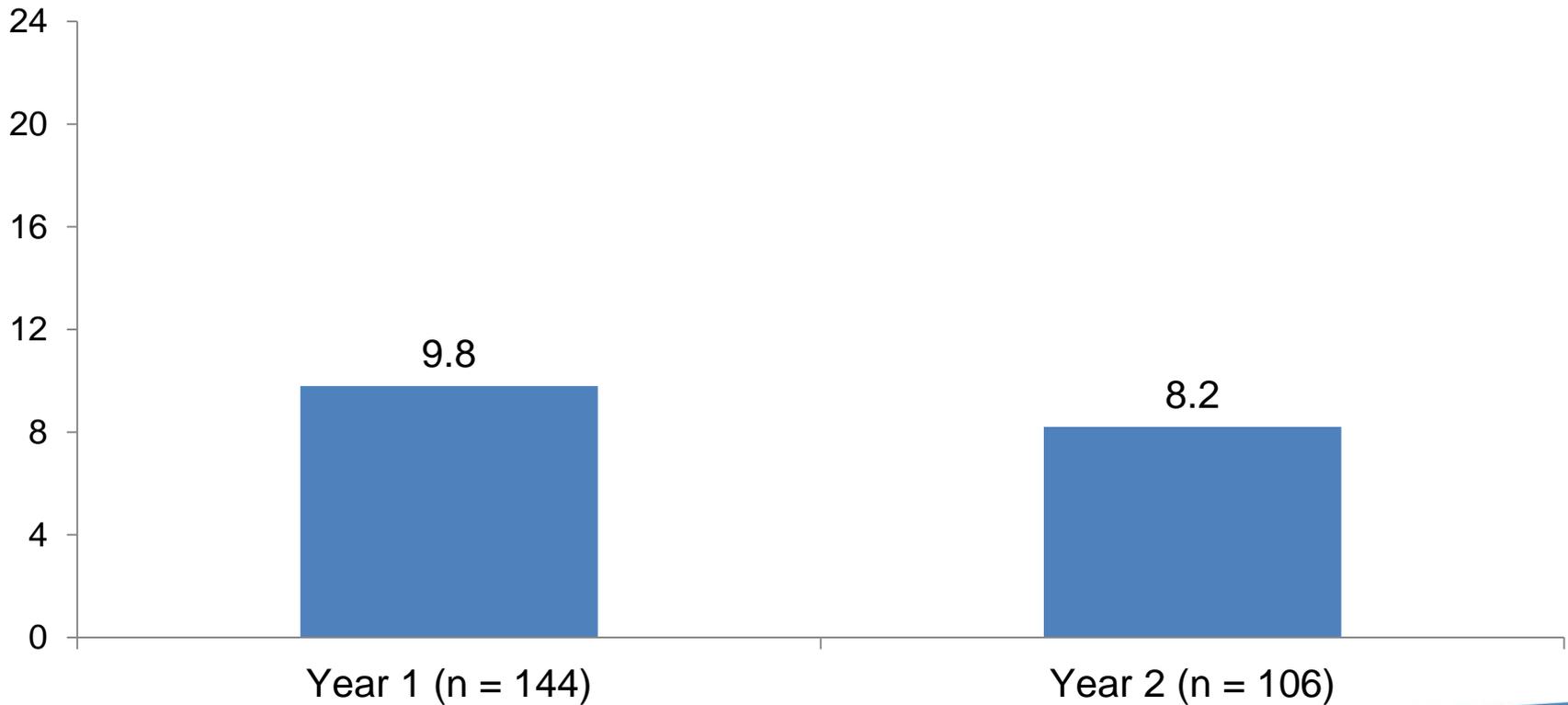
21. DURING THE LAST WEEK, DID ANY FAMILY MEMBER OR FRIENDS HELP YOU WITH THINGS AROUND THE HOUSE?

Yes



21A. PLEASE THINK ABOUT ALL THE FAMILY MEMBERS AND FRIENDS WHO HELP YOU. ABOUT HOW MANY HOURS DID THEY SPEND HELPING YOU YESTERDAY?

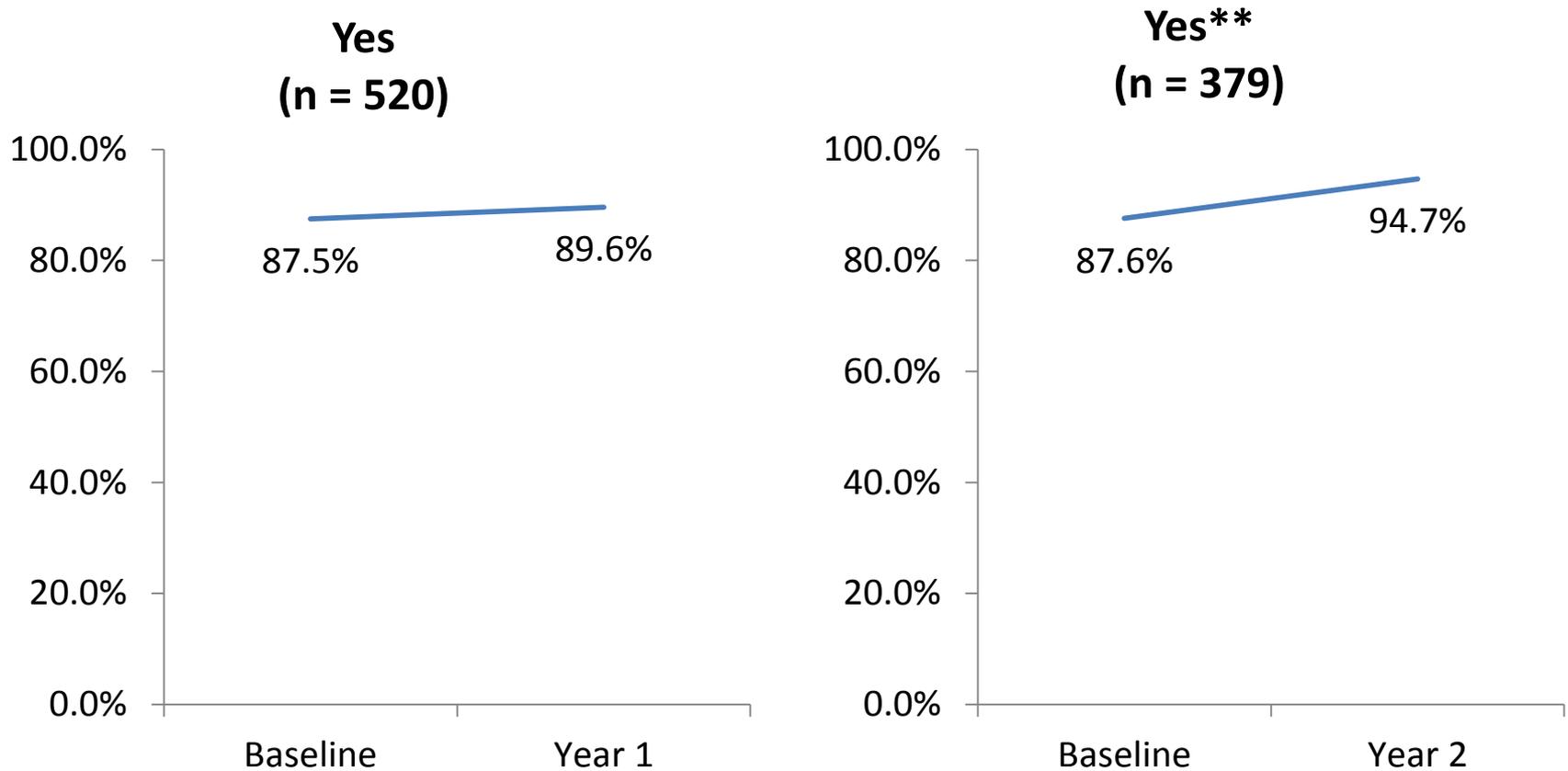
No. of Hours



MODULE 4: RESPECT & DIGNITY

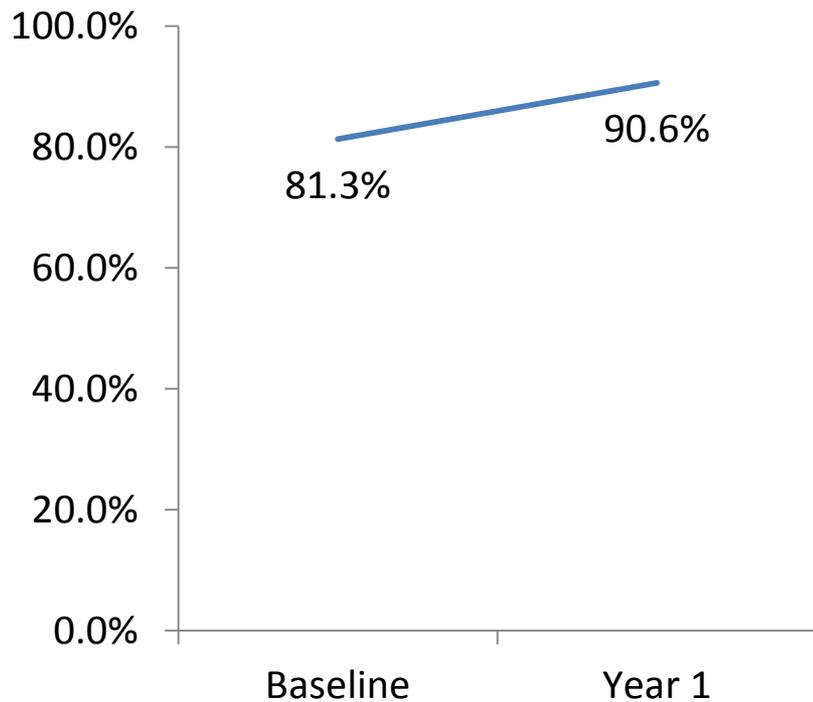


22. DO THE PEOPLE WHO HELP YOU TREAT YOU THE WAY YOU WANT?

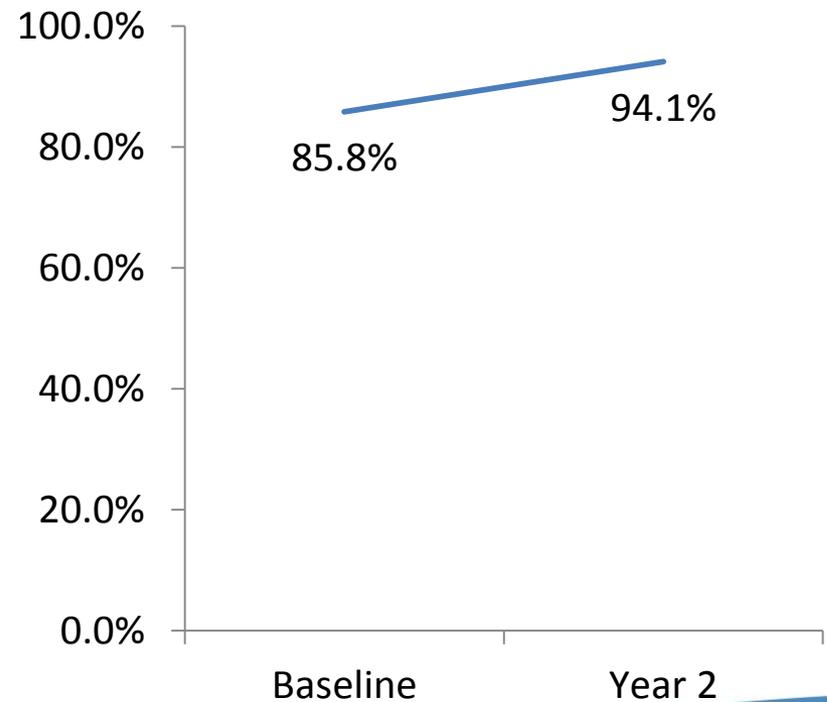


23. DO THE PEOPLE WHO HELP YOU LISTEN CAREFULLY TO WHAT YOU ASK THEM TO DO?

Yes*
(n = 519)**



Yes*
(n = 374)**

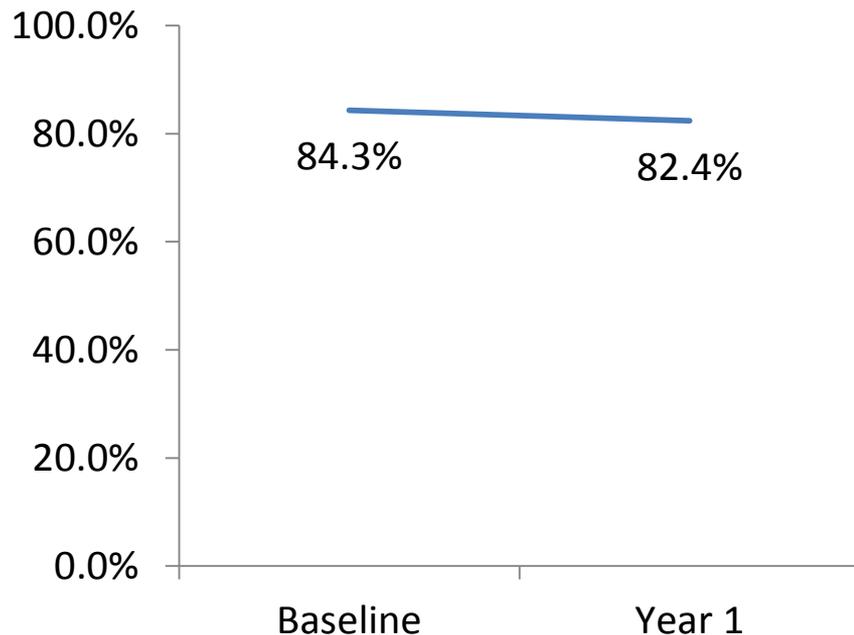


MODULE 5: COMMUNITY INTEGRATION AND INCLUSION

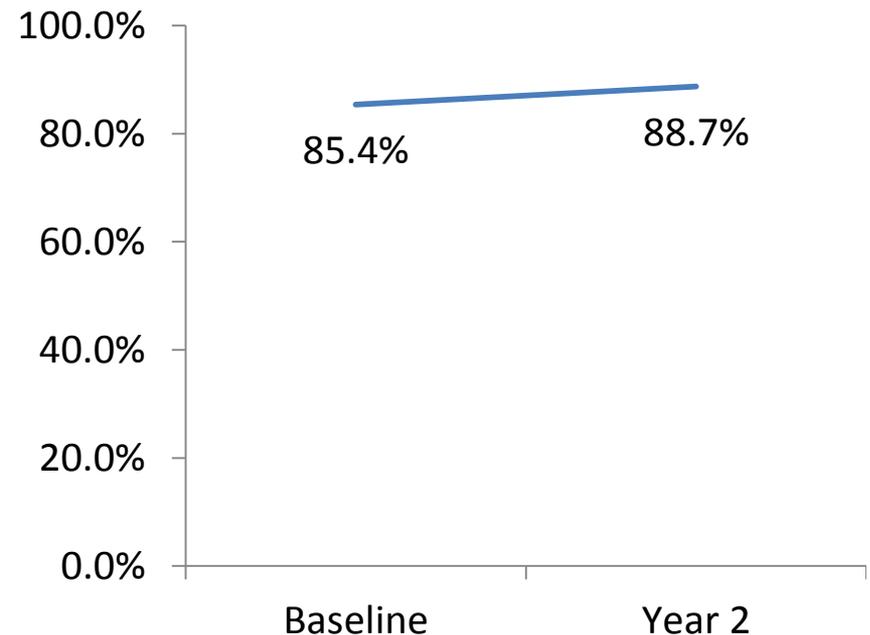


27. CAN YOU SEE FRIENDS AND FAMILY WHEN YOU WANT TO SEE THEM?

Yes*
(n = 541)

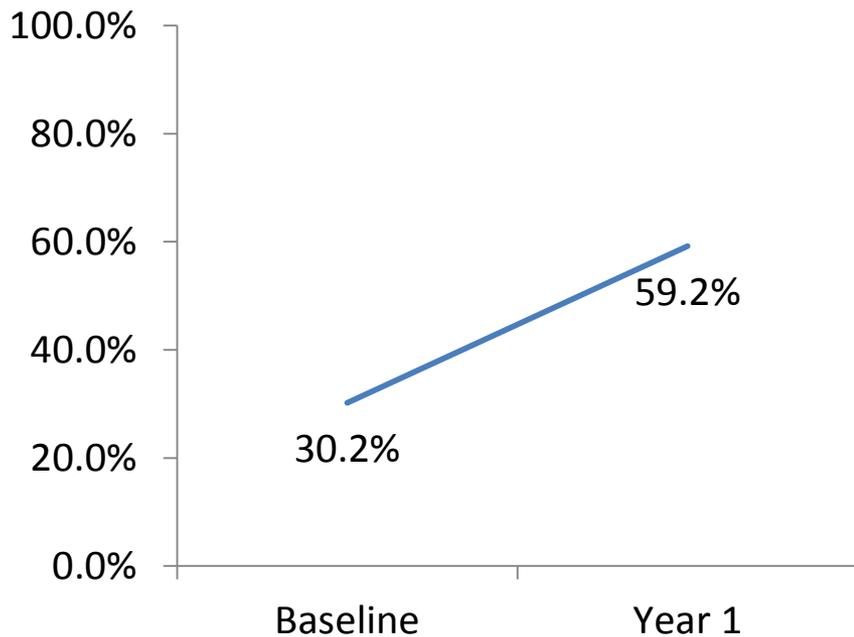


Yes
(n = 397)

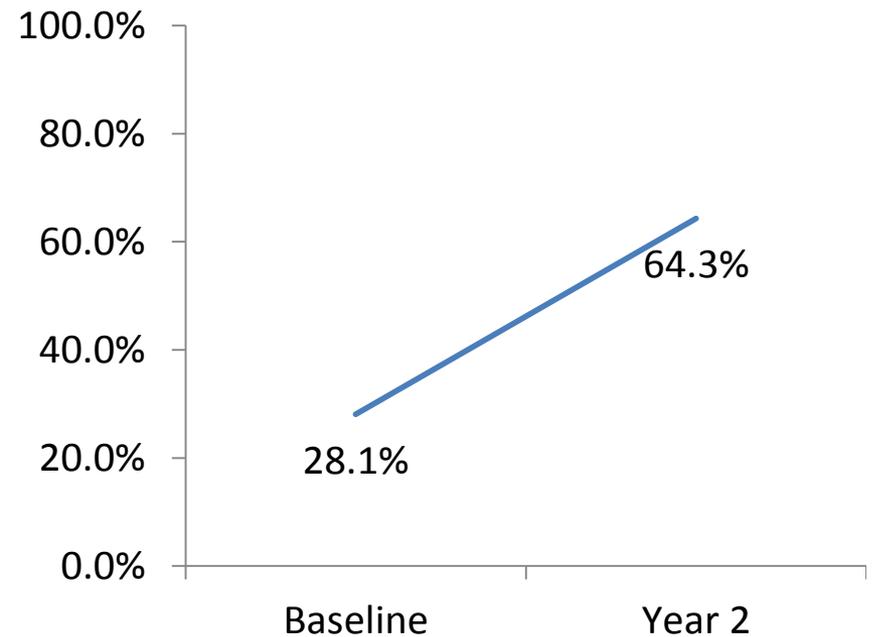


29. IS THERE ANYTHING YOU WANT TO DO OUTSIDE [THE FACILITY/YOUR HOME] THAT YOU CAN'T DO NOW?

No*
(n = 529)**

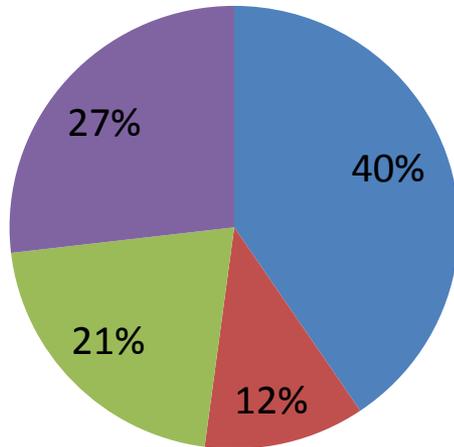


No*
(n = 392)**



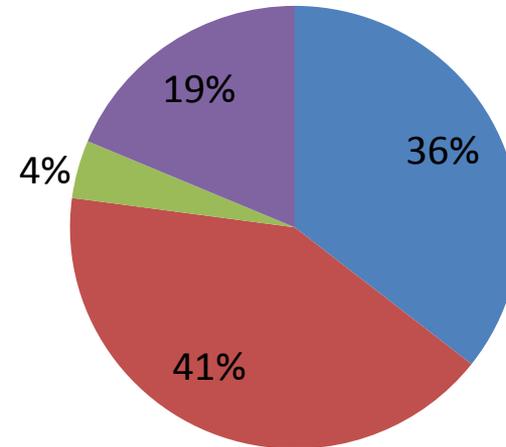
29A. WHAT WOULD YOU LIKE TO DO THAT YOU DON'T DO NOW?

Year 1 (n = 188)



- Social Outings/Travel (77)
- "Things I used to" (22)
- Visit Family/Friends (40)
- School/Work/Day Program (51)

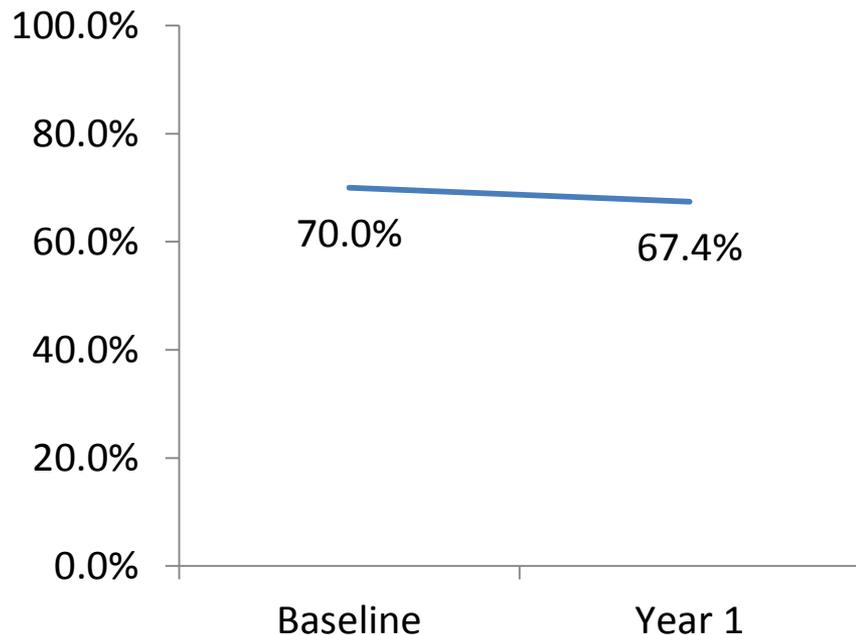
Year 2 (n = 106)



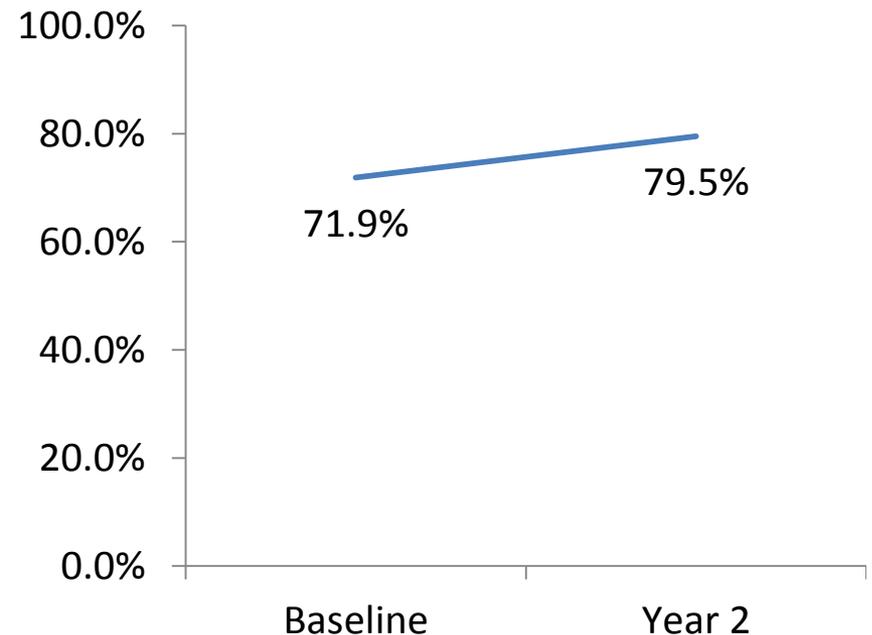
- Social Outings/Travel (42)
- "Things I used to" (49)
- Visit Family/Friends (5)
- School/Work/Day Program (22)

33. DO YOU GO OUT AND DO FUN THINGS IN YOUR COMMUNITY?

Yes
(n = 536)



Yes
(n = 395)

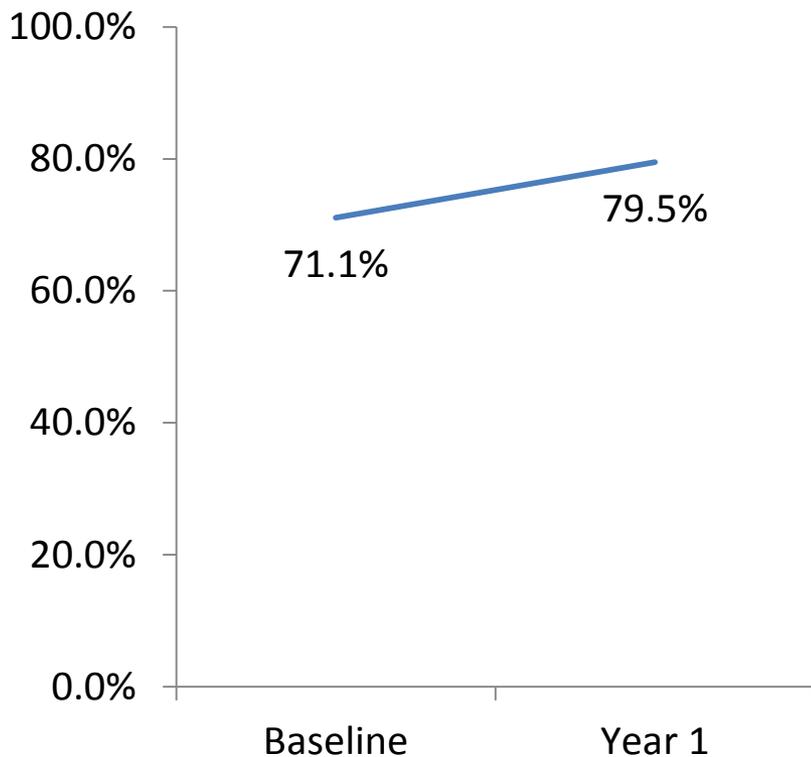


MODULE 6: SATISFACTION

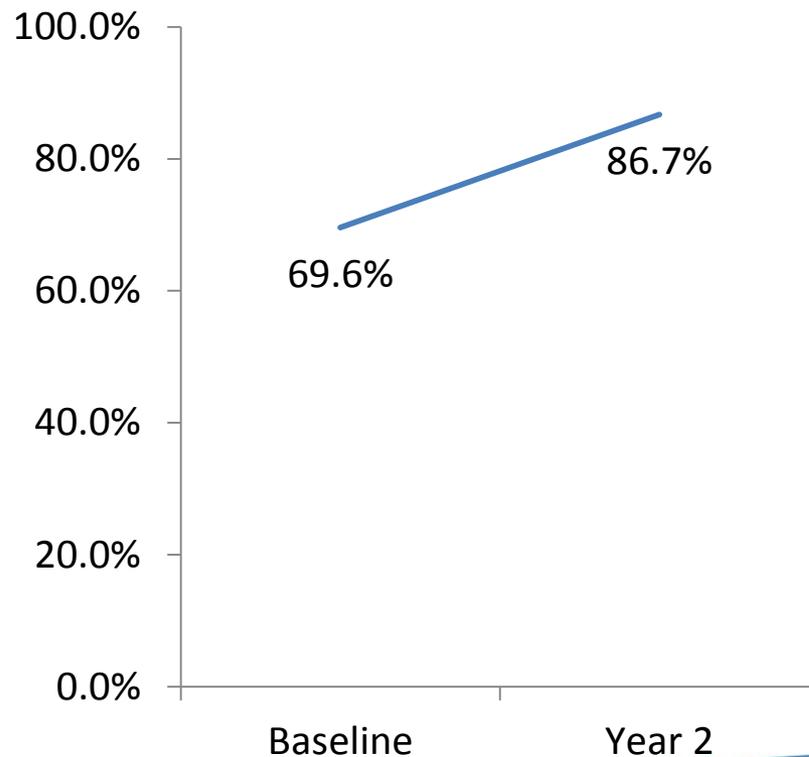


38. DURING THE PAST WEEK, HAVE YOU BEEN HAPPY OR UNHAPPY WITH THE WAY YOU LIVE YOUR LIFE?

Happy*
(n = 527)**



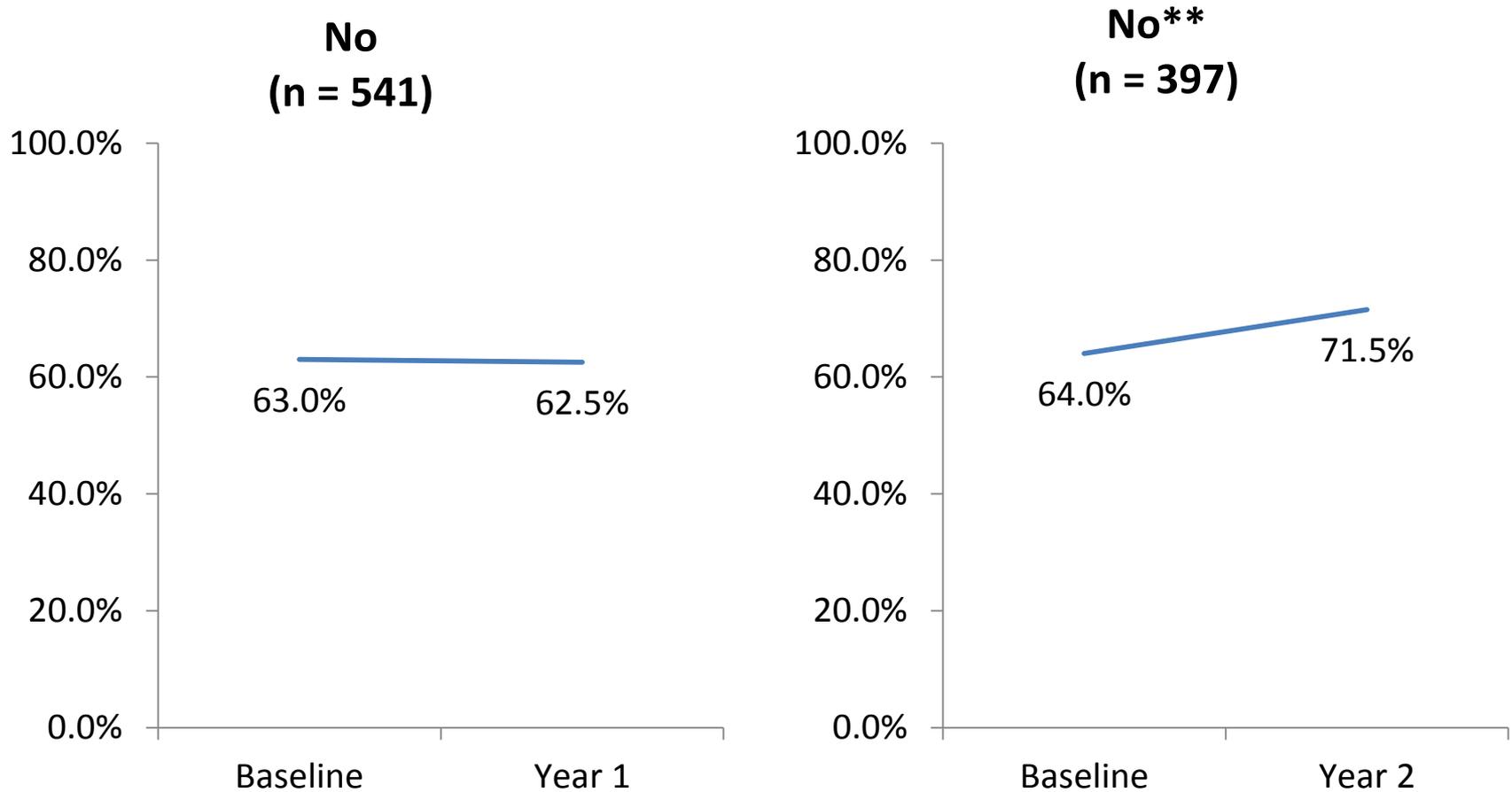
Happy*
(n = 391)**



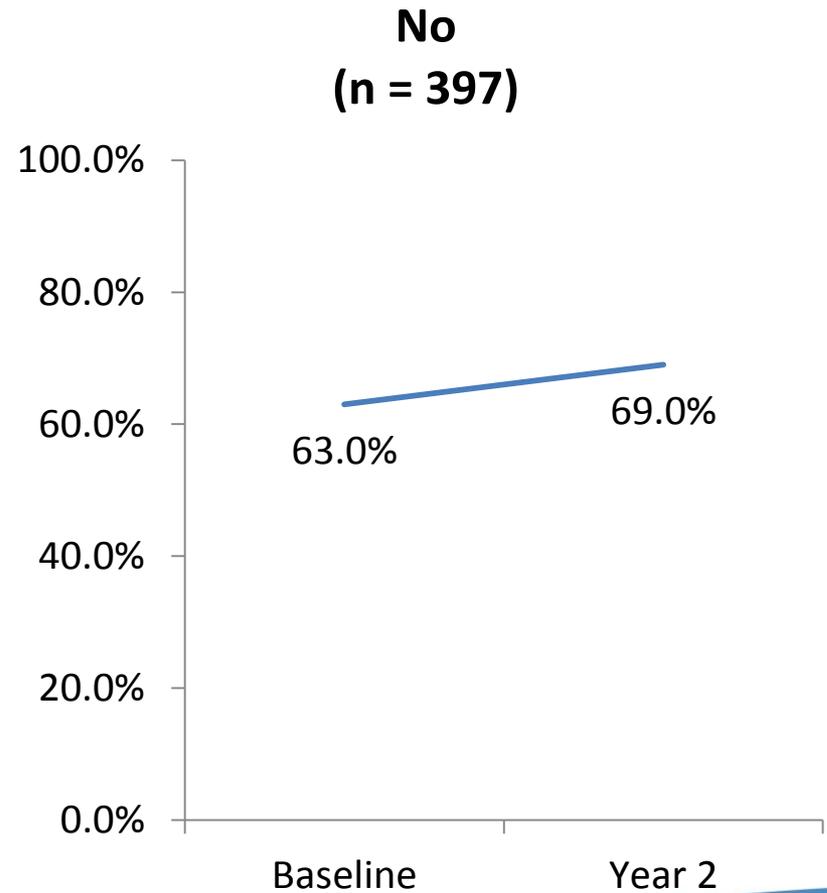
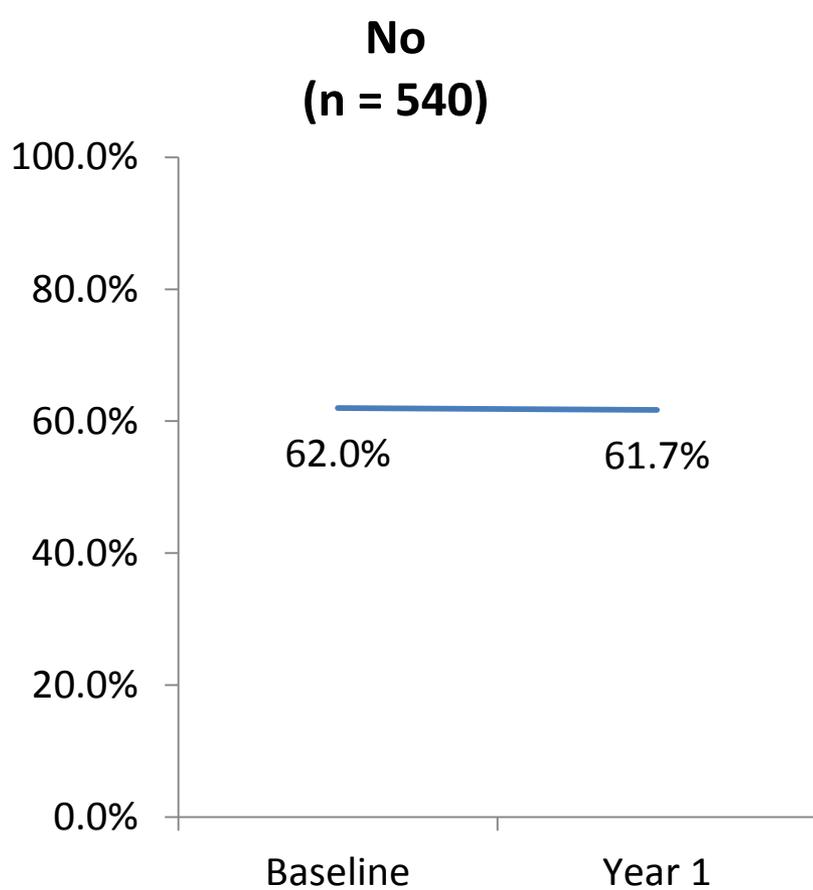
MODULE 7: HEALTH STATUS



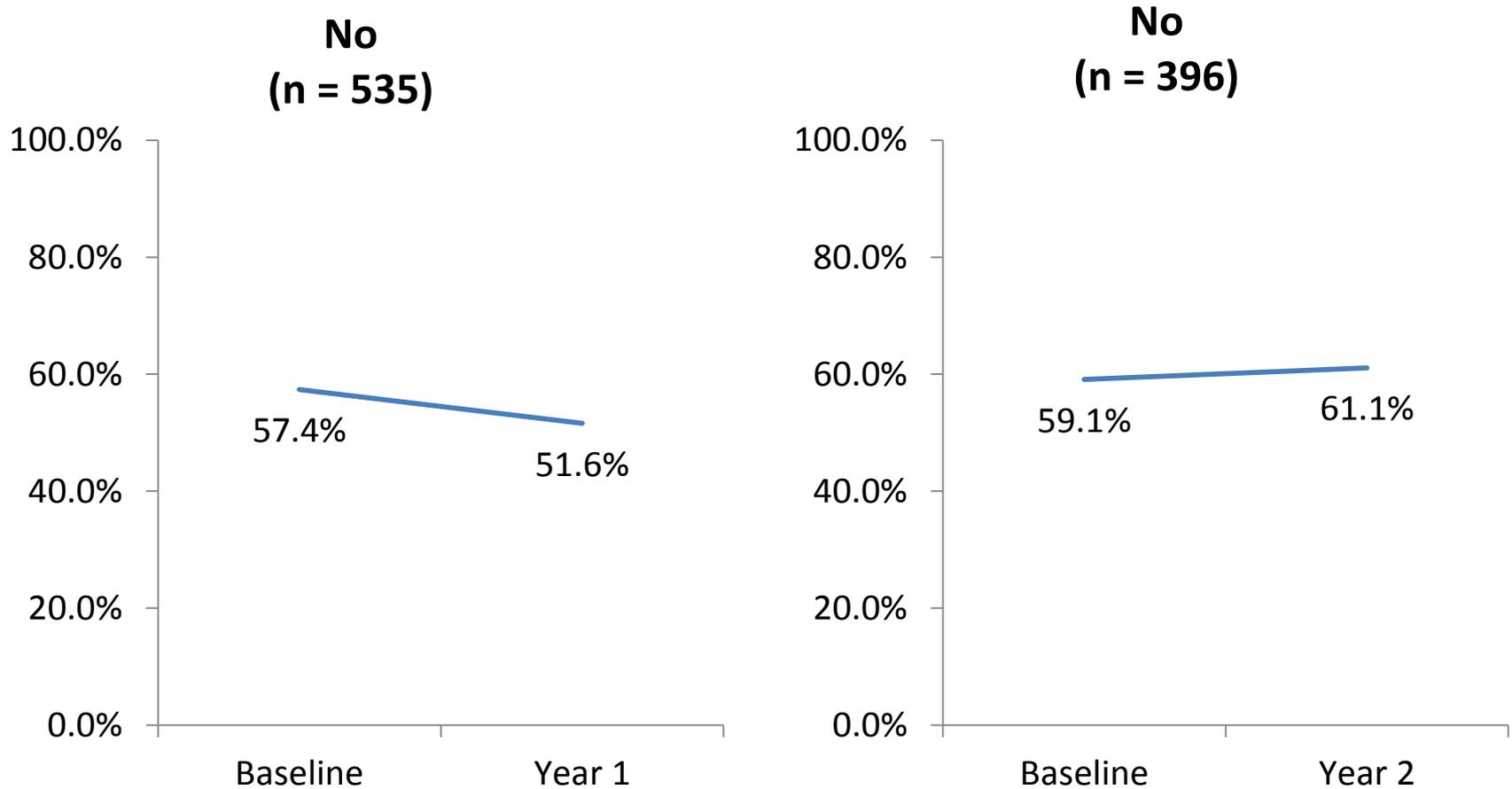
39. DURING THE PAST WEEK, HAVE YOU FELT SAD OR BLUE?



40. DURING THE PAST WEEK, HAVE YOU FELT IRRITABLE?



41. DURING THE PAST WEEK, HAVE YOU HAD ACHES AND PAINS?

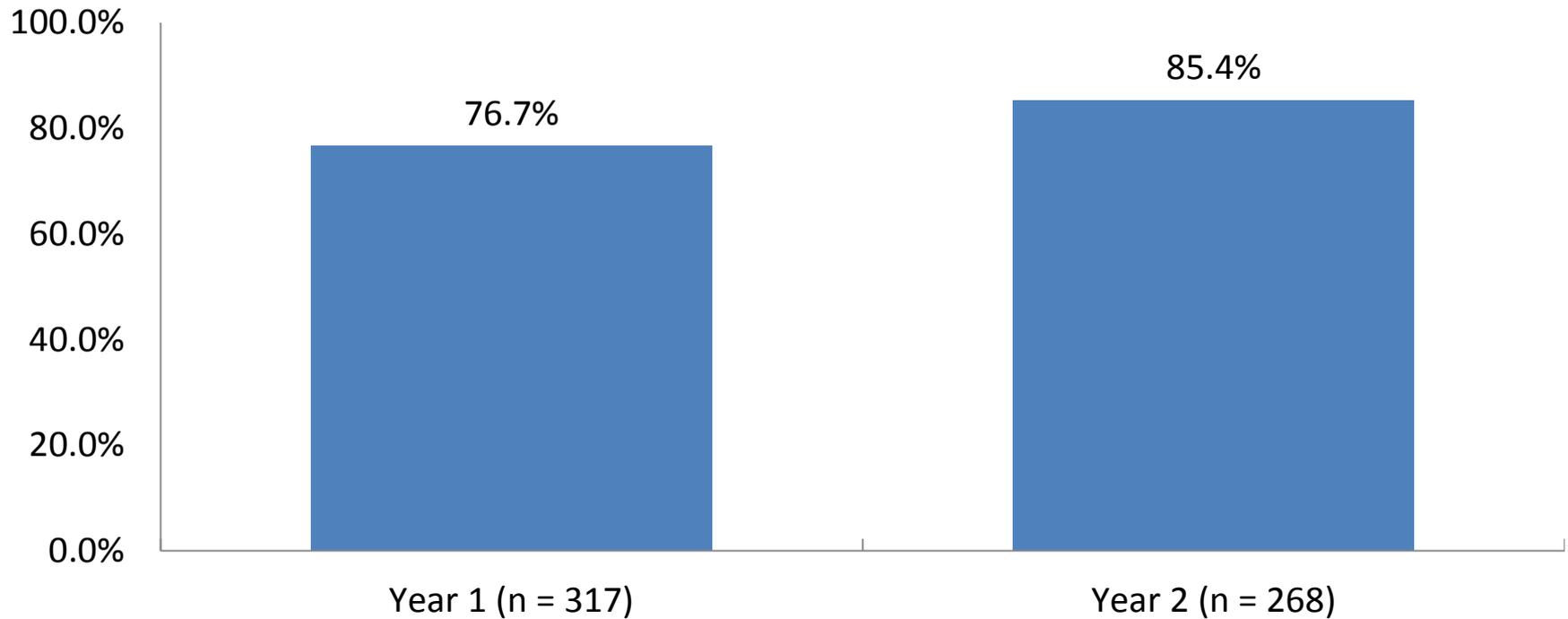


SUPPLEMENTAL QUESTIONS



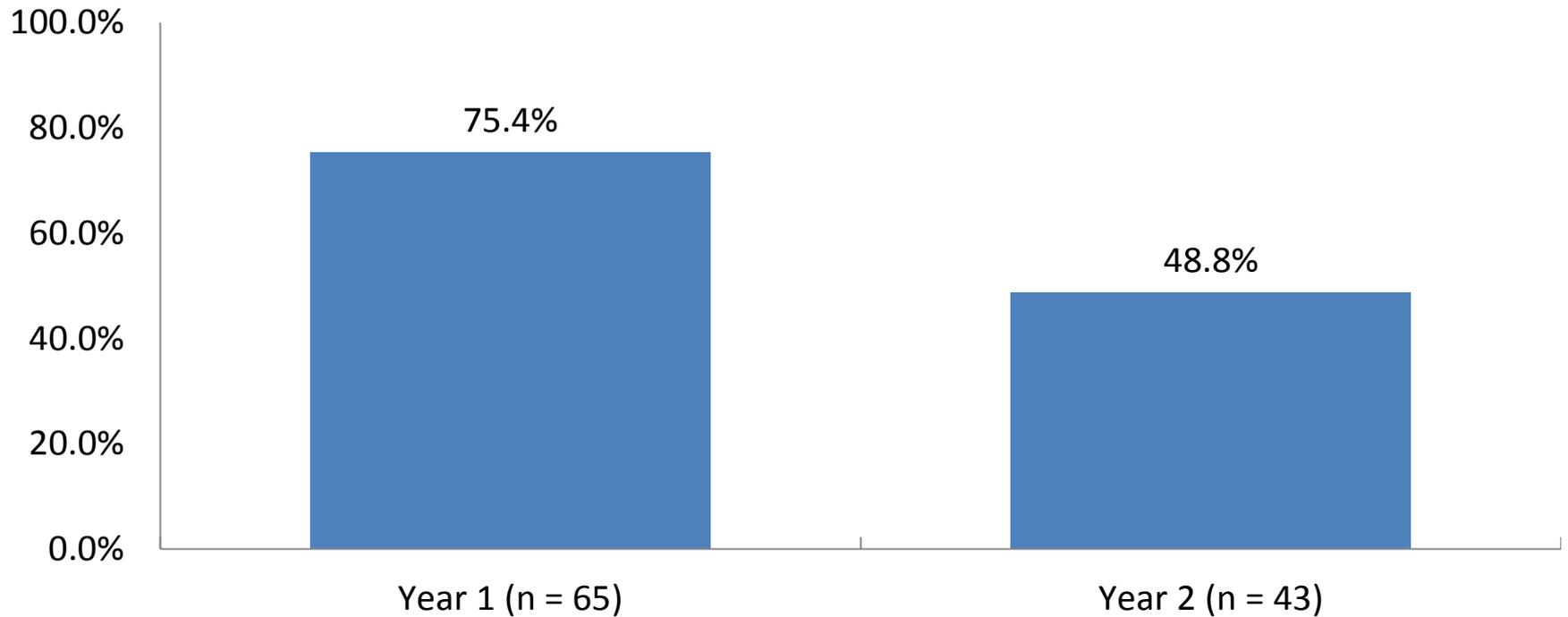
1. NOT INCLUDING MEDICAL APPOINTMENTS, CAN YOU GET TO THE PLACES THAT YOU WANT TO GO?

Yes



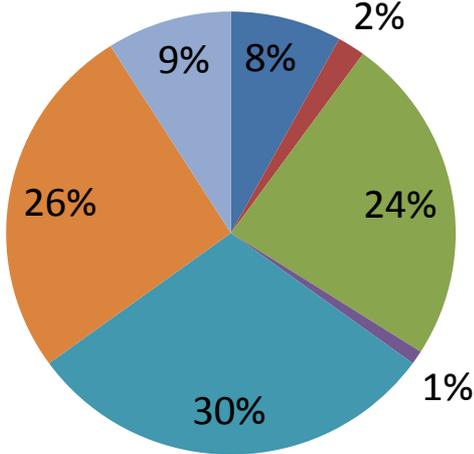
1A. IF NO, IS IT BECAUSE TRANSPORTATION IS NOT AVAILABLE?

Yes



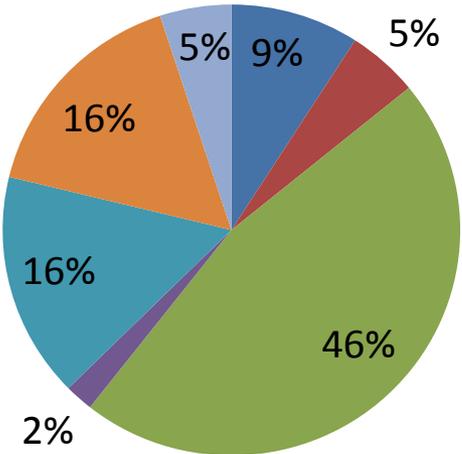
5A. HOW WOULD YOU DESCRIBE YOUR CURRENT LIVING ARRANGEMENT?

Year 1 (n = 317)



- Skilled Nursing Facility, Nursing Home, or Hospital (26)
- Host Home (7)
- Group or personal care home of 4 or less individuals (75)
- Group or personal care home of 5 or more individuals (3)
- An apartment (96)
- A house (or condominium) (81)
- Other (29)

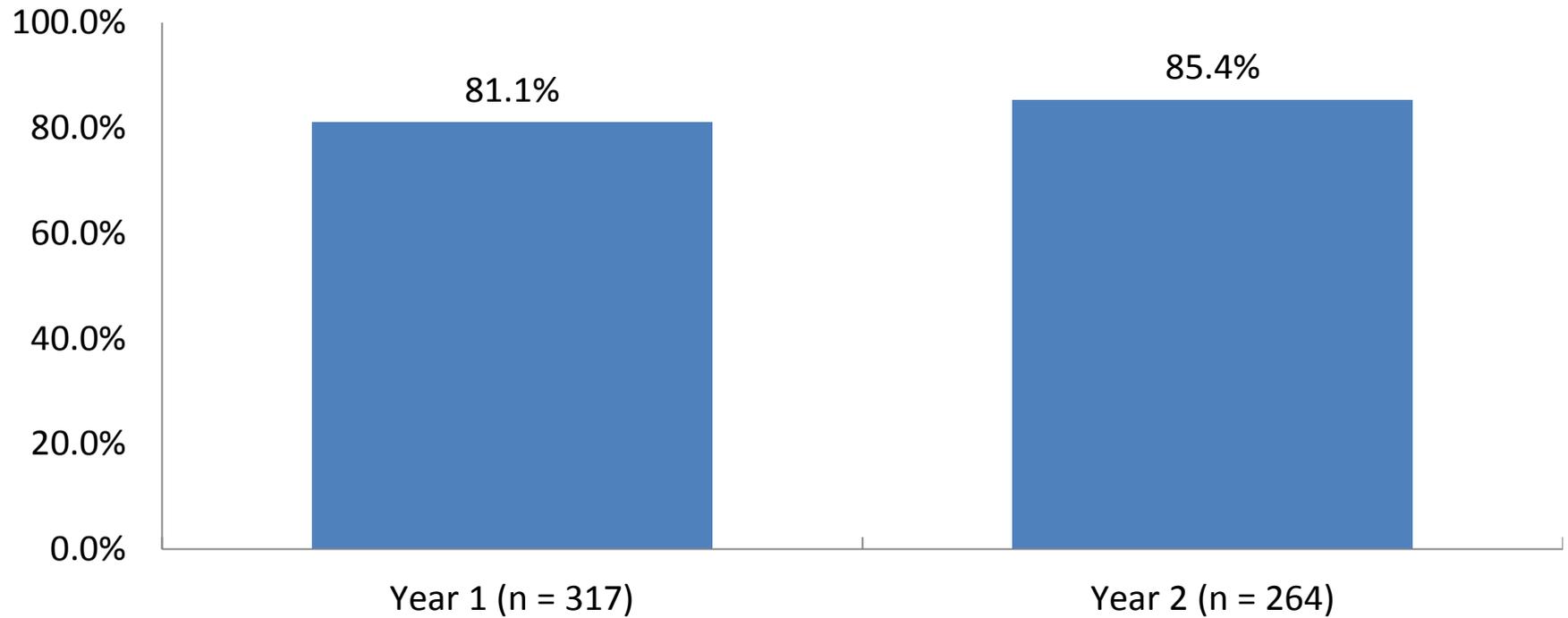
Year 2 (n = 264)



- Skilled Nursing Facility, Nursing Home, or Hospital (25)
- Host Home (14)
- Group or personal care home of 4 or less individuals (123)
- Group or personal care home of 5 or more individuals (6)
- An apartment (43)
- A house (or condominium) (44)
- Other (13)

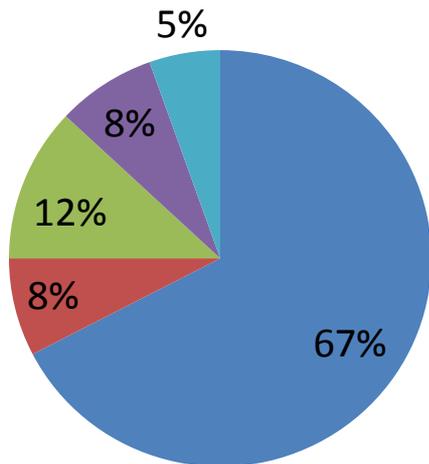
5B. IS THIS WHERE YOU WANT TO LIVE?

Yes



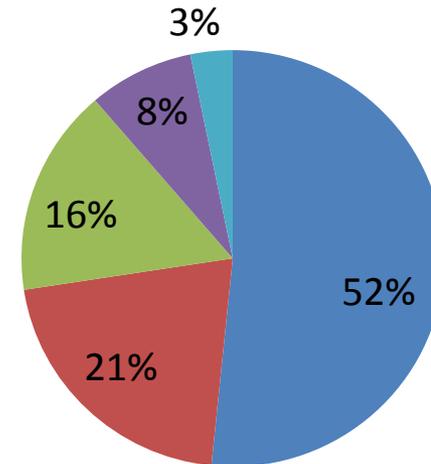
12. WHAT KEEPS YOU FROM WORKING FOR PAY OR DOING VOLUNTEER WORK?

Year 1 (n = 97)



- Health Condition (62)
- Not sure where to start (7)
- Transportation (11)
- Personal Preference (7)
- Employer /Supplemental Security Income barriers (5)

Year 2 (n = 34)



- Health Condition (32)
- Not sure where to start (13)
- Transportation (10)
- Personal Preference (5)
- Employer /Supplemental Security Income barriers (2)

QUALITATIVE ANALYSIS

Four major themes:

1. Positive transition and overall experience with MFP
2. Challenges with the MFP program
3. Post-transition challenges
4. Better quality of life post-transition

POSITIVE TRANSITION AND OVERALL EXPERIENCE WITH MFP

- Participants indicated their happiness working with MFP staff and that their transition to was made possible by MFP

“I’ve had a remarkable experience with MFP. If it weren’t for the program I would have been still stuck in the nursing home. You don’t get enough money or are able to save money there to be able to get out. The Program helped me get established with meals, the aides service, everything! It’s astounding!” Participant

- A number of participants indicated that they had a positive experience with the overall MFP program services including housing placement and set-up

“I was in a nursing home for 10 years and I felt like I was going crazy. I told them I needed to get out, and we looked at options. MFP helped me to get a start in life – they bought my furniture, bed, phone, etc. The program is absolutely fantastic, and it should never be stopped. I have it made compared to most people. MFP saved my life.” Participant

CHALLENGES WITH THE MFP PROGRAM

- Participants indicated that they experienced problems with the transition process, such as:
 - delays in receiving services,
 - not receiving services they were promised,
 - lack of flexibility among service categories,
 - and lack of information or clarity about program operations and procedures.
- Some participants reported interacting with untrained or unprofessional staff, as well as limitations and inconsistencies between the waiver program and MFP.

“Home improvements were not done. Tiling was half done and peeling up. Not up to code. MFP doesn’t do what it says it is going to do. I am very disappointed in the quality of work that they attempted to do and just stopped.” Participant

“MFP started out good but that the follow-up was horrible due to being understaffed.”
Daughter



POST-TRANSITION CHALLENGES

- Some of the challenges experienced included:
 - Staff issues including untrained staff, high staff turnover or the overall need for more hours/staff
 - Need for appropriate community services, activities, and options
 - Access to medical care, unmet medical needs, and Medicaid continuity problems
 - Poor or inadequate living or housing conditions
 - Limited access to transportation

“The regional office should have provided more oversight of his care and the use of the MFP services. It is a shame that my brother received poor care in the group home and no MFP services were available once he moved into my home.” Sister

BETTER QUALITY OF LIFE POST-TRANSITION

- Participants reported improvements in different aspects of QoL:
 - Happier
 - Healthier
 - Increased independence
 - Better living conditions
 - Opportunities to socialize
 - Being part of a community
 - Glad to be out of a nursing home

“We love Money Follows the Person”, “We love the program and want it to flourish... I hope his situation stays the same. The nursing home was terrible; MFP got him back into his apartment.” Brother

“I got my life back. I am the poster child for MFP. I haven’t been this happy in 20 years since I got MS. There is so much more to this program than just getting out...I can control and handle my own life. This program is worth the wait...I can do more than I thought I could, I have strengthened myself. I’ve figured out how to be myself and be independent. This program saves you.” Participant



FOR QUESTIONS OR COMMENTS
ABOUT THIS REPORT, CONTACT:

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Stakeholder Input from Professionals for Sustainability Planning



Assessment of the Continuing Need

- Need for transition support remains
- Different or more services may be needed
 - Transitioners have included younger clients with behavioral health needs
- Focus on long-term stability of participants

MFP Successes

- Completed Transitions
- Improved Quality of Life
- Increased Community Support
- Multi-Sectoral Partnerships
- Staff Capacity
- Diverse Service Mix
- Cost Savings
- Evaluation

MFP Challenges & Opportunities for Improvement

- Policy Context
- Insufficient Community Services & Supports
- Infrastructure
- Circle of Support
- External Communication Strategy
- Wait Time

Sustained Impact

- Partnerships: new and strengthened
- Staff capacity & resources identified
- Institutional, local and state policy changes

Opportunities for Program Improvement: Pre-Transition

- Identification & Eligibility Determination
- Medicaid Conversion
- Housing Resources
- Registry for Housing

Opportunities for Program Improvement: Post-Transition

- Transition services through a waiver
- Dedicate Medicaid eligibility staff to MFP
- Increase number of case managers
- Adequate circle of support
- Clarify sentinel event reporting and follow-up
- Communication and marketing strategy

Opportunities for Program Improvement: Post-Transition

- Develop provider vendor team
- Share access to human service data systems
- Assistive technology added to waivers
- Public-private partnerships for affordable housing

New Partnerships

- Mental Health
- Housing
- Transportation
- Office of Policy & Budget
- Division of Families and Children Services
- Public Health
- Non-Profits

Existing Partners in New Roles

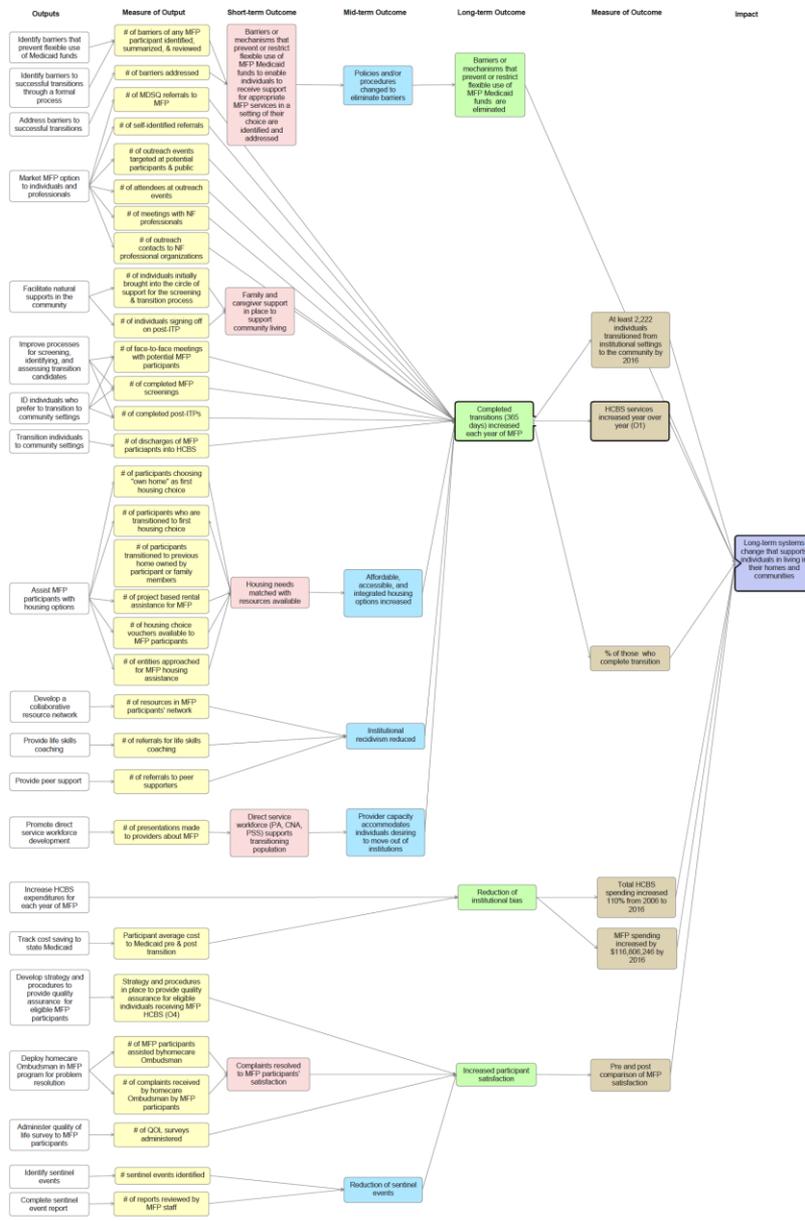
- Aging & Disability Resource Connections
- Community Based Alternatives for Youth
- Centers for Independent Living

Sustainability Planning Update



Logic Model





Ideas for Future Study



Imagine yourself in various other roles—
policy-makers, program designers,
program administrators, researchers,
clients, community members,
health care providers, organization
leaders. What do you want to know about
MFP?



What questions seem to come up repeatedly, in conversations with others or in your own work, concerning the effectiveness, impact, and/or success of MFP?



What do you still not know that would be important to know?



What outcomes do you want to share but do not have research to support at this time?

